



# HIMT COLLEGE OF PHARMACY

Approved by Pharmacy Council of India, New Delhi & Affiliated to BTE & AKTU, Lucknow

Date: 17/01/2024

## Notice

From: Activity In-Charge	To: All faculty, Staff & students of HIMT College of Pharmacy
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### Through Director

This is to inform you that HIMT College of Pharmacy will be organizing a Career Guidance Session as part of our student development and academic enrichment initiative. The event will focus on GPAT Preparation, Career Opportunities in Pharmacy, and Soft Skills Development to equip students with the knowledge and competencies essential for their professional journey.

Details of the Event are as follows:

Topic: Career Guidance, GPAT Preparation, and Development of Soft Skills

Date: 18th November 2024

Time: 2:30 PM – 4:00 PM

Venue: Room No. C-205

All students are encouraged to attend and take full advantage of this opportunity.

Coordinator

[Pinky Baghel]

*P Baghel*  
17/11/24

*P. Baghel*  
17/11/24

Name	Class	Year	Sign
1) Divyansh Tiwari	B-Pharm	2nd Year	<u>An</u>
2) Surbhi	B-Pharm	2nd year	<u>Surbhi</u>
3) Ruchi	B-Pharm	2nd year	<u>Ruchi</u>
4) Ankit Mishra	B-Pharm	2nd Year	<u>Ankit</u>
5) Jubair Alami	B-Pharm	2nd year	<u>Jubair Alami</u>
6) Vikash Kashyap	B-Pharm	2nd year	<u>Vikash</u>
7) Shivom Singh	B-Pharm	2nd year	<u>Shivom</u>
8) Ayush Pandey	B-Pharm	2nd Year	<u>A Pandey</u>
9) Shivam Gupta	B-Pharm	2nd year	<u>Shivam</u>
10) Sachin Kumar Yadav	"	"	<u>Sachin</u>
11) Mohit Kumar	"	"	<u>Mohit</u>
12) Piyush Kumar	"	"	<u>Piyush</u>
13) Nitin	"	"	<u>Nitin</u>
14) Mahjabeen Noor	"	"	<u>MH</u>
15) <del>Anmol Mishra</del>	"	"	<u>Anmol</u>
16) Anmol Yadav	"	"	<u>Anmol</u>
17) Kirti Sharma	"	"	<u>Kirti</u>
18) Ayan Saifi	"	"	<u>Ayan</u>
19) Nikita Sharma	"	"	<u>Nikita</u>
20) Yuraj Singh	"	"	<u>Yuraj</u>
21) Vikash Verma	"	"	<u>Vikash</u>
22) Abhishek Yadav	"	"	<u>Abhishek</u>
23) Namo Narayan Dhiprathi	"	"	<u>Namo</u>
24) Ajay Sharma	"	"	<u>Ajay</u>
25) Aman	"	"	<u>Aman</u>
26) Ankur Yadav	"	"	<u>Ankur</u>
27) Pooja Chohan	"	"	<u>Pooja</u>

Date - 23/5/25

Arman	B.Pharm	3 <sup>rd</sup> year	<del>Arman</del>
Fardeen	B.Pharm	3 <sup>rd</sup> year	<del>Fardeen</del>
Vitih Tiwari	B.Pharm	3 <sup>rd</sup> year	Dimari
Anjali Pal	B.Pharm	3 <sup>rd</sup> year	Anjali pal
Anupam	B.Pharm	3 <sup>rd</sup> year	<del>Anupam</del>
Ritu	B.Pharm	4 <sup>th</sup> year	Ritu
Sarthak Singh	"	4 <sup>th</sup> year	Sarthak
MD. Reza	"	4 <sup>th</sup> year	Reza
Naveen	"	"	<u>Naveen</u>

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## **A REPORT ON ONLINE WEBINAR**

**WEBINAR TOPIC: "Carrier Guidance, GPAT Preparation and Development of Soft Skills".**

**Date:** 18<sup>th</sup> NOVEMBER 2024

**Time:** 2:30 PM - 4:00 P.M

**Venue:** Room No. C-205

### **INTRODUCTION:**

An online webinar on GPAT (Graduate Pharmacy Aptitude Test) preparation was successfully conducted by HIMT College of Pharmacy on 18 November. The event aimed to provide comprehensive guidance to students aspiring to crack the GPAT examination, along with insights into career development and the importance of soft skills.

The session began with an introduction by **Ms. Pinky Baghel**, who welcomed the participants and highlighted the significance of GPAT in pursuing higher education and career growth in the pharmaceutical field. The event was held under the supervision of **Dr. Anuj Mittal**, Director HIMT College of Pharmacy.

The esteemed speaker, **Dr. Abhishek Tripathi**, shared his expertise on the following topics:

#### **1. Understanding the GPAT Examination:**

- Familiarize students with the structure, syllabus, and marking scheme of the GPAT examination.
- Highlight the importance of GPAT in pursuing higher education and career opportunities in the pharmaceutical field.

#### **2. Preparation Strategies:**

- Provide detailed guidance on effective preparation techniques and study plans.
- Discuss time management and question-solving strategies for maximizing performance.
- Share tips on how to identify and focus on high-weightage topics.

#### **3. Resource Recommendations:**

- Suggest reliable books, study materials, and online resources for self-study.

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- Provide information about mock tests and practice sessions to assess readiness.
- 4. **Motivation and Confidence Building:**
  - Encourage students to set realistic goals and stay motivated throughout the preparation journey.
  - Share techniques to reduce exam anxiety and boost confidence.
- 5. **Career Guidance Post-GPAT:**
  - Inform students about opportunities after qualifying GPAT, such as pursuing an M.Pharm or research opportunities.
  - Discuss scholarship benefits and admission processes in top institutes.

### **INTERACTIVE SESSION:**

A dedicated Q&A session at the end of the webinar allowed students to interact with the speaker, clarify doubts, and gain personalized advice.

### **CONCLUSION:**

The online webinar on GPAT preparation concluded successfully, leaving participants equipped with valuable insights and actionable strategies for excelling in the examination. The session effectively addressed key aspects of the GPAT syllabus, preparation techniques, and resource management, empowering students to approach their studies with confidence.

The interactive format allowed attendees to engage directly with the expert speaker, gaining personalized guidance and solutions to their doubts. Additionally, the emphasis on soft skills development provided students with a holistic perspective, highlighting the importance of effective communication, time management, and problem-solving abilities in both academic and professional spheres.

The positive feedback from participants underscored the success of the webinar in achieving its objectives. It not only motivated students but also provided them with a clear roadmap for cracking the GPAT examination and exploring career opportunities in the pharmaceutical field.

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